



Community Sand Mandala Program *at Grace Cathedral, September 2009*

Join us and other local schools as we create a community sand mandala for peace, along side Tibetan monks who will create a traditional sand mandala in San Francisco's Grace Cathedral.

Tools For Peace is a starting point to creating peace in yourself, your school, your community and our world.

Creating peace on the school or community scale requires motivated people playing active roles. The Tools For Peace ("TFP") program mobilizes **teens** to be leaders in their own learning communities.

Become a TFP Peer Ambassador!

Tools For Peace gives you the **framework, skills** and **support** needed to build peace in your world. By participating in the TFP program, you will—

- Have an awesome **summer camp** experience! *August 3-8, 2009*
Art • Music • Sports • Campfires • Karaoke • Meditation • Community & Environmental Projects
- Gain **leadership experience** by aiding your teachers or mentors in the TFP module at your school or campus! *September 2009 (2-3 weeks)*
- **Be part of the larger local community** coming together to build a more positive world! *September 21-25, 2009 (one week, after school)*

"This experience in general is like one of the most amazing things I've done in my life. Like, yeah, I've volunteered, but [Tools For Peace] really showed me what I want to do, what I want to be, and how I can get there. You never imagine you'll learn more than you ever thought you would."

— Azatui, 'o6 Camper

TFP Peer Ambassador's are:

Positive role models, have leadership potential, are responsible, reliable and kind, and most importantly, have demonstrated the desire to help others.

As a TFP Peer Ambassador, you could have a tremendous impact on your peers by sharing what you have learned. In the process, you will learn many valuable leadership skills, cultivate your own capacity to have a positive effect others, and have a lot of fun!

What it means to be a TFP Peer Ambassador:

Tools For Peace Summer Teen Camp

The Annual Summer Teen Camp at Ari Bhöd supports teens in actively adopting a more positive role in their families, schools, communities, and world. Modeled after the Tibetan culture of peace, the immersive experience of the camp provides space for reflection, growth and personal transformation.

At TFP Camp, you'll learn about peace by creating a personal mandala. Mandalas are found in many cultures as a representation of a harmonious universe. TFP Camp is an extremely special opportunity to meet other teens from all different places, and build deep friendships. During the week you'll work with a diverse staff of Camp Counselors, professional artists and musicians, and Tibetan Lamas. TFP Camp also includes activities like music, horseback riding, art, swimming, basketball, hiking, tai chi, and yoga. Evening activities include basketball, karaoke, movies, and campfires. TFP Camp gives you new ways of facing challenges, understanding others, and understanding yourself. Your camp experience prepares you to support the TFP module in your home community.

Tools For Schools & Organizations

Tools For Peace supports organizations and schools in preparing students to be global citizens capable of navigating and contributing to our 21st century world in a positive way. Using TFP in schools on an ongoing basis helps students effectively develop life skills that increase their positive sense of self, connection to others, and ability to act compassionately.

After camp, you'll guide your peers in Tools For Peace at your own school or campus. Because of your in-depth camp experience, you'll be able to offer support to your peers as they make their own personal mandalas.

Community Sand Mandala

Tools For Peace provides opportunities for diverse communities to come together around the aim of building peace. Building a community sand Mandala is a creative way to practice applying positive attitudes and actions.

Your peer group will join other local students groups to create a sand Mandala in San Francisco's Grace Cathedral—an extremely special opportunity!